



One Child at a Time

Strategies for supporting children to heal from trauma

Professional development for anyone working with children, young people and adults who have experienced complex trauma.

It is now widely understood that children and young people are supported to heal from trauma in relationships with adults that are safe, secure and enduring. Although the focus is often on 'managing behaviour' this workshop will focus on exploring why 'relationship is the intervention'!

Informed by the work of Daniel Hughes, Kim Golding, Dan Siegel, Peter Levine, William Steele, Cathy Malchiodi, Louise Porter, Lea Waters and others we will discuss strategies for building relationships with children and young people who have experienced complex trauma.

Learning Outcomes

1. Describe Daniel Hughes' P.A.C.E (Playfulness, Acceptance, Curiosity and Empathy) model for promoting an attachment-focused parenting approach.
2. Use a Guidance Approach, to support children who have experienced complex trauma to learn new behaviours.
3. Apply Strengths Based Parenting to build relationships and improve communication skills with children.
4. Use a variety of creative therapy tools and sensory experiences to support children to heal from their traumatic experiences.



www.complextrauma.net.au

Details

Date

September 13 2018

Time

9:30am - 3:30pm

Price

\$215.00 plus GST

Venue

Palmerston Recreation Centre
11 The Boulevard
Palmerston, NT

Price Includes;

PowerPoint slides and handouts.

Tea, coffee, biscuits and a light sandwich and fruit lunch will be provided. Please [email us](mailto:karenhulls@gmail.com) if you have special dietary requirements.



COMPLEX TRAUMA TRAINING WA

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One Child at a Time Training Location

Palmerston Recreation Centre, 11 The Boulevard, Palmerston, NT



Free Parking Provided



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